

Sonoma County Cancer Center Support Groups

Sponsored by:

Santa Rosa Memorial Hospital Foundation, Redwood Regional Medical Group,
The Leukemia Lymphoma Society, and the American Cancer Society

New groups now forming!

Caregivers Support Group

Are you a caregiver?

Do you get enough support?

Are there things you cannot discuss
with anyone?

Call Betsy Hall, PhD at (707) 481-2130
for more information SRMH sponsored

What About Me?

Art oriented groups for kids 12 and under
who have a parent, family member, or
friend with cancer. A new group is
forming for Fall, 2007! Please call the
Cancer Library at 522-6883 for more
information. SRMH sponsored

Support groups on this list are held at the Cancer Center Library Conference Room 3555 Round
Barn Circle Santa Rosa, Calif. unless otherwise indicated. **All support Groups are free of charge.**
However, please call the facilitator of the group that interests you before attending for the first
time. For general information about support groups please contact Janie Grosman, Librarian or
Dianne Hoon, Library Asst. at (707) 522-6883 or fax (707) 544-3766 or email:
janie.grosman@stjoe.org or dianne.hoon@stjoe.org

- **Women's Cancer Support Group**
2nd and 4th Tuesdays, 10:00am to 12:00
Please call Betsy Hall, PhD, cell: 481-2130
before attending. SRMH sponsored
- **Living With Advanced Cancers**
1st Thursday, 1:00pm to 3:00pm Please call
Betsy Hall, PhD cell: 481-2130 before
attending. SRMH sponsored
- **Leukemia/Lymphoma/Multiple Myeloma
Support Group** 3rd Thursday of each month
12:30 to 2:30pm Facilitator: Michelle Kane,
RN 525-5268 Leukemia /Lymph Society
Sponsored
- **Transition Group for Patients Who "Had"
Cancer** 2nd and 4th Tuesday 12:15 to 1:30 pm
Please call Betsy Hall, PhD cell: 481-2130
SRMH sponsored
- **Cancer Support Group (Petaluma)**
Facilitator: Betsy Hall, PhD, cell: 481-2130
Call Dr. Hall for location and schedule
SRMH sponsored
- **Collage Workshop for Cancer Patients**
Held periodically at the Cancer Library
- Facilitator: Betsy Hall, PhD, cell: 481-2130
Call Dr. Hall for location and schedule
- **Prostate Cancer---men only***
Every Tuesday, 6:30 to 8:00pm
Facilitator: Les Cohen, PhD. 528-7260
*wives and partners are welcome to attend
on the 4th Tuesday of the month
Amer. Ca Society Sponsored
- **Cancer Patients, Family, and Friends**
Every Wednesday afternoon, 5:00 to 6:30PM
Facilitator: Susie Scholefield, LCSW
Please call for Information: 526-5589
Redwood Regional Sponsored
- **Healing Through Painting**
Every Wednesday 11:30 am to 1:30 pm
Every Friday 10:00 am to 12:00 Noon
Call for location: Martia Nelson
(707) 823-4403, martia@sonic.net
SRMH and Marin Breast Council sponsored
- **Gentle Yoga for Cancer Patients and
Others.** Every Monday, 2:15pm to 3:15. Must
call Life Learning Center at 525-5285, to
register. SRMH Sponsored